



--- **BREAKFAST** ---

served 'till 11:30am

Rest Bay Breakfast (reg/large)	8.0/10.0
<i>butcher's bacon, pork sausage, fried egg, mushrooms, beans, tomatoes, toast</i>	
Breakfast Sandwich	6.0
<i>two items from the Rest Bay breakfast</i>	
Eggs Benedict	8.0
<i>ham or bacon, poached eggs, sourdough bread, crisp bacon, hollandaise sauce</i>	
Eggs Royale	9.0
<i>smoked salmon, poached eggs, sourdough bread, hollandaise sauce</i>	
Eggs Florentine (v)	7.5
<i>buttered spinach, poached eggs, sourdough bread, hollandaise sauce</i>	
Smoked Salmon & Scrambled Eggs (gf)	9.0
<i>sourdough bread, buttered spinach, scrambled eggs, fines herbs</i>	
Eggs Surfer	8.0
<i>Poached eggs, sourdough bread, guacamole, spicy salsa</i>	
Vegetarian Breakfast (v)(reg /large)	7.0/9.0
<i>Glamorgan sausage, fried eggs, mushrooms, beans, tomatoes, toast</i>	
Vegan Breakfast (ve)(gf)	7.0
<i>vegan sausage, tofu, mushrooms, beans, tomatoes</i>	
Granola (v)	6.0
<i>yoghurt, milk, honey, blueberries</i>	

--- **SANDWICHES** ---

served with salad garnish & slaw
served midday to 4pm

Ham & Piccalilli	6.0
Mature Cheddar & Pickle (v)	5.5
Ham, Mature Cheddar & Red Onion	6.5
Atlantic Prawns & Marie Rose	7.0
Smoked Salmon, Cream Cheese	7.5
Chicken Blt	7.5

Gluten free sandwiches available on request

--- **PANINIS** ---

served with salad garnish & slaw
served midday to 4pm

Ham, Mature Cheddar, Red Onion	6.5
Tuna, Mozzarella & Basil Oil	6.5
Chicken, Bacon, Mozzarella, Tomato	7.5
Roasted Pepper & Halloumi (v)	6.5

--- **JACKET POTATOES** ---

served with salad garnish & slaw
served midday to 4pm

Baked Beans & Mature Cheddar (gf)	7.0
Tuna & Mozzarella (gf)	7.0
Atlantic Prawns & Marie Rose (gf)	7.5
Chicken, Bacon & Mozzarella (gf)	8.0
Roasted Pepper & Halloumi (v)(gf)	7.0
Three Bean Chilli (ve)(gf)	6.5

--- **MAIN MEALS** ---

served after midday

Soup Of The Day	5.5
<i>sourdough bread</i>	
Ham & Eggs	9.0
<i>Ham, fried eggs, chips, house salad</i>	
All Day Brunch	11.0
<i>butcher's bacon, pork sausage, fried egg, mushrooms, chips, beans, tomatoes</i>	
Fish & Chips	12.5
<i>fish goujons, chips, peas, tartare sauce</i>	
Steak Burger	13.5
<i>steak burger, crisp bacon, smoked applewood cheese, pickle, chips, relish</i>	
Chicken Burger	13.5
<i>jerk seasoned chicken breast, mango salsa, chips, slaw</i>	
Scampi	13.5
<i>chips, peas, tartare sauce</i>	
Chicken & Bacon Salad	13.0
<i>crisp bacon, chicken, cos lettuce, sourdough crouton, blue cheese dressing</i>	
Vegetarian Burger (v)	12.5
<i>butternut squash, beetroot, goat's cheese, pickle, chips, relish.</i>	
Smokey Three Bean Chilli (ve)(gf)	11.0
<i>black, kidney & cannellini beans, apricot rice</i>	

--- **SIDES** ---

served after midday

Garlic Bread	3.0
Side Salad	3.0
Chips	3.0

--- **KIDS CORNER** ---

served after midday

Sausage, Chips & Peas or Beans	5.0
Fish Goujons, Chips & Peas or Beans	5.0
Nuggets, Chips & Peas or Beans	5.0
Cheese or Ham Sandwich	3.0

EVENING SPECIALS served after 5pm, check the TV for today's specials, subject to availability

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please advise a member of staff to liaise with the chefs before ordering. Dishes containing fish may contain small bones.